

Monty Faidley

Chicago, IL | 678-934-0895 | He / Him | Monty@MontyFaidley.com | [LinkedIn](#)

Dedicated counselor with a passion for providing compassionate, culturally affirming mental health care to a diverse population of individuals, couples, and families. IFS-informed with training in CBT, DBT, and SFBT. Strong organizational skills, empathetic communication, ethical integrity, and a love for learning.

EDUCATION / CERTIFICATIONS

California State University, Sacramento – M.S. in Counseling (with Honors) Graduating 2025
Marriage, Couples, & Family Counseling Concentration *CACREP Accredited Program*

Licensed Professional Counselor (LPC), Illinois – Eligible Upon Graduation

Associate Marriage and Family Therapist (AMFT), Illinois – Eligible Upon Graduation

National Certified Counselor (NCC) – Eligible Upon Graduation (Passed NCE, December 2024)

EXPERIENCE

Behavioral Health Intern, El Dorado Community Health Centers August 2024 – Present

- Provided **individual, couples, and family counseling** to diverse client populations, utilizing evidence-based modalities such as IFS, CBT, DBT and SFBT at a Federally Qualified Health Center.
- Conducted comprehensive **biopsychosocial assessments**, developed **individualized treatment plans**, and **assessed client progress** on therapeutic goals in alignment with clinical best practices.
- **Collaborated with interdisciplinary teams** including psychiatrists, case managers, and medical staff to ensure holistic care for clients with co-occurring mental health and substance use disorders.
- Maintained **accurate and timely clinical documentation** in EHR (eClinicalWorks), adhering to HIPAA standards and agency protocols while managing a **caseload of 15 client** ages 15 to 85.

Counselor Intern, Sacramento State Center for Counseling & Diagnostic Services Jan 2024 – May 2024

- Delivered individual counseling using evidence-based approaches such as CBT, DBT, and Solution-Focused techniques under supervision of a licensed counselor.
- Maintained accurate and timely clinical documentation adhering to HIPAA standards and center protocols.

Graduate Research Assistant, Sacramento State College of Education 2023 – 2024

- Conduct research and analysis **focused on solutions to increase BIPOC and underrepresented populations in counseling and education** under the guidance of the Dean of Education

Instructor Assistant, Your Infinite Life 2013 - 2016

- Organized and helped lead **transformative marathon groups blending Gestalt and Narrative Therapy** to help **individuals and couples** reshape personal narratives and create positive change.

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PROFESSIONAL TRAINING & ORGANIZATIONS

Internal Family Systems – Online Circle Training Program (IFS institute)	2024
Treating Complex Trauma with Internal Family Systems Therapy – Dr. Frank Anderson (PESI)	2024
Intimacy from the Inside Out – Toni Herbine-Blank (Online Training)	2024
Therapeutically Applied Role-Playing Games: Level 1 (Game to Grow)	2024
Trauma-Focused Cognitive Behavioral Therapy	2024
Columbia – Suicide Severity Rating Scale	2023
American Association of Marriage and Family Therapy	2022 - Present
Chi Sigma Iota Honors Society	2023 - Present
Peachtree DBT – DBT Skills Classes, DBT Parent Classes Emotional Regulation, Mindfulness, Distress Tolerance, Interpersonal Effectiveness	2013

COMMUNITY SERVICE

Chief of Staff LGBTQ+ Pride, LexisNexis Employee Resource Group - Served as ERG leader, mentor, and career coach to help build LGBTQ+ community and **mentor, support, and sponsor LGBTQ+ employees**

Division Coordinator / Volunteer, Mentor Discover Inspire - Led **weekly group sessions** using **Motivational Interviewing and Reality Therapy techniques** to help individuals explore personal choices to increase self-awareness and create positive change.

Atlanta Women's Shelter – Provided food, household supplies, and handyman work for local shelter helping women and families of color restart their lives after experiencing domestic abuse.

TheMulticulturalCounselor.com ([link](#)) – Built and launched online resource to **expand multicultural and social justice counseling** competencies (MSJCC) with specific resources for marginalized populations.

ADDITIONAL PROFESSIONAL EXPERIENCE

Senior Leader, Various Roles, LexisNexis 2014 - 2022

- Led diverse teams focused on using big data to **solve complex social problems** such as **ensuring equitable access to food/healthcare benefits** for **Medicaid, SNAP, and Public Housing**
- Adhered to **highest ethical and compliance standards** including HIPAA, CJIS, FEDRAMP, and CCPA including managing documentation and following policies and procedures required by LexisNexis.
- **Championed diversity and inclusion** initiatives through active advocacy, mentoring, building DEI programs, and crucial conversations.
- Built deep, **trusted relationships with both policy and technical executives** in Health and Human Services to develop solutions ensuring **equity in access to social services** and **speed enrollment**.